

instincts that are inherent in us all. and. if he will surrender himself completely. will make no reservations. but will bind himself by vows to utter obedience. he may develop force that will enable him to outmaster his familiar demon. Here again. punishment may be helpful in undermining the control of the dominant impulse. In the nature of the case it can hardly be self-imposed. and is in many cases inflicted by the State. But although it may weaken the unlawful propensities of a criminal it cannot be trusted to reform him. To establish such a change it is necessary to awaken some dormant impulse which will give him a new object in life.

It will. perhaps. not be altogether fanciful if we see some connection between the development of spontaneity, or free will, and the individuality. or separateness. of living creatures. Life does not appear to pervade space ubiquitously. like the energies of gravity or electricity : it is distributed amongst a number of isolated closed vessels. for as such may be considered plants and animals. Each of these is a separate centre of energy. In dividing itself amongst millions of different carriers Life has reserved possibilities of activity which would have been lost were it diffused through a continuous mass of living *plasma* or tissue. A structureless living jelly (Bathybius) appears to cover large

areas of the
ocean floor : but, if the original type of
living
matter was of this kind. it was
abandoned for the
cell. the distinctive feature of which is
separateness.
It is only in the lowest ranks of the
animal and
vegetable kingdoms that cells have fully
preserved
this characteristic : higher up the scale
they have
cohered into masses, exchanging
their inde-